



โรงเรียนอาทิตย์นวดแผนไทย

SUNSHINE MASSAGE SCHOOL

ในความควบคุมของกระทรวงศึกษาธิการ เลขที่ ชม. 01-001/2548

Advanced classes at Sunshine Massage School

Advanced: Using your feet in Thai Massage



Except for the head and face, all other parts of the body and all the sen lines can be worked very comfortably and effectively with the feet. Incorporating the use of your feet as a therapist has the tremendous advantage of stronger grounding. The release of subtle energetic tensions, both your own and your patient's becomes easier, and you feel more centred during and after your massage. For your patient, receiving work with the feet also has a very solid and grounded quality, allowing for deep relaxation.

In this course, we will develop the necessary sensitivity in the feet and look at the different possibilities and effects of using heel, instep, balls of feet and toes. A multitude of positions and techniques are taught that enable you to creatively work with your feet while standing, squatting, sitting or half-kneeling.

5 days / 30 CE Hours Price Baht 7,500.-

7 to 11 February 2011



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