



โรงเรียนอาทิตย์นวดแผนไทย

SUNSHINE MASSAGE SCHOOL

ในความควบคุมของกระทรวงศึกษาธิการ เลขที่ ชม. 01-001/2548

Special classes at Sunshine Massage School

Thai – Shiatsu

postgraduate (for certified practitioners), 5 + 5 days

Responding to heavy demand from students in previous classes, we are happy to offer this course in two one-week blocks. Both blocks are stand-alone units, so they can be booked and completed separately. The serious student may wish to attend both weeks. There will be two teachers: A Thai massage practitioner and a Shiatsu practitioner.

Course content:

- Foundations of the 5 Bodies and the 5 Elements (the five transitions of cycling energy) and their expression in our organs, senses, tissues, sound, emotions.
- Reading the body's internal condition through external signs and symptoms: Diagnosis through observation of the face, skin, hair and feet.
- Understanding neck, shoulder and hip tensions (and related body parts) in correspondence to meridians (and energy lines) and applying Shiatsu and Thai techniques to free up restrictions.
- Thai and Shiatsu techniques to open up the centre of our vitality: Chest, rib cage and diaphragm.

This course is open to Thai massage and Shiatsu practitioners

5 days / 30 CE Hours

Price Baht 9,000.-

10 days / 60 CE Hours

Price Baht 18,000.-

2 to 6 January and 9 to 13 January 2012



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