



โรงเรียนอาทิตย์นวดแผนไทย

SUNSHINE MASSAGE SCHOOL

ในความควบคุมของกระทรวงศึกษาธิการ เลขที่ ชม. 01-001/2548

Special classes at Sunshine Massage School

Thai – Shiatsu **postgraduate (for certified practitioners)**

Course content:

- Foundations of the 5 Bodies and the 5 Elements (the five transitions of cycling energy) and their expression in our organs, senses, tissues, sound, emotions.
- Reading the body's internal condition through external signs and symptoms: Diagnosis through observation of the face, skin, hair and feet.
- Understanding neck, shoulder and hip tensions (and related body parts) in correspondence to meridians (and energy lines) and applying Shiatsu and Thai techniques to free up restrictions.
- Thai and Shiatsu techniques to open up the centre of our vitality: Chest, rib cage and diaphragm.

This course is open to Thai massage and Shiatsu practitioners

5 days / 30 CE Hours Price Baht 7,500.-

3 to 7 January 2011

