



โรงเรียนอาทิตย์นวดแผนไทย

SUNSHINE MASSAGE SCHOOL

ในความควบคุมของกระทรวงศึกษาธิการ เลขที่ ชม. 01-001/2548

Advanced and Special classes at Sunshine Massage School

Energy, Emotion and Spiritual Awakening in Thai Yoga Massage

This workshop offers the student a complete understanding of the nature of energy, energy blocks, energy imbalance, emotional issues and spiritual awakening as experienced by both the client and therapist in Thai yoga massage.

Workshop topics include:

- What is energy. What are the different ways we experience it.
- Energy blocks. What causes them. What do they feel like.
- The 30 most commonly found energy blocks in the body.
- The full cycle of an emotional release in a massage treatment.
- The energies and emotions underlying stress.
- Energy from other people. How it effects you. What to do with it.
- The pathway to enlightenment through the layers of energy and emotion in the body.

The workshop additionally demonstrates how certain physical conditions, such as tight ankles, weak knees, tight hamstrings, closed hips, lower back pain, tight shoulders and weakness in the arms can have underlying causes relating to blocks in energy and emotion. The workshop reveals what each of these blocks are and suggests relevant practical treatment.

Everyone with a background as body worker is welcome.
5 days / 30 CE Hours Price Baht 8,500.-

12 to 16 December 2011

