



โรงเรียนนวดไทย

SUNSHINE MASSAGE SCHOOL

ในความควบคุมของกระทรวงศึกษาธิการ เลขที่ ขม. 01-001/2548

ADVANCED AND SPECIAL CLASSES AT SUNSHINE MASSAGE SCHOOL

ADVANCED STRETCHES AND TECHNIQUES

(5 + 5 DAYS)

Responding to heavy demand from students in previous classes, we are happy to offer this course in two one-week blocks. Both blocks will address work on the whole body, using different exercises and positions. Both blocks are stand-alone units, so they can be booked and completed separately. The serious student of Thai Massage may wish to attend both weeks.

Topics:

- **Stretches and soft tissue manipulation for energy lines and joint mobilization.**
- **Treatments and tips for feet, ankles, knees, hips, ribcage, neck, shoulders, elbows, hands.**
- **Techniques ranging from soft tissue release to muscle energy stimulation and stretches for the whole body.**

This course is only open to students who have completed at least one beginner's course and ideally have been practising Thai massage for a minimum of one year.

5 days / 30 CE Hours Price Baht 8,500.-

10 days / 60 CE Hours Price Baht 17,000.-

18 to 22 July 2011 and 25 to 29 July 2011
28 Nov. to 2 Dec. 2011 and 5 to 9 Dec. 2011

